

Benefit News

Diabetic Supplies

Effective 1/1/2020: the current preferred meter on the Aetna formulary is Accu-Check. To request a free Accu-Chek Guide meter, please contact Aetna at 1-844-286-2174 to place an order.

If you currently are utilizing a meter or diabetic supplies that are not included on the formulary, you may be charged more at the pharmacy. We recommend you discuss any possible changes with your physician. If you plan to change meters or supplies to one on the preferred formulary, you will need a new script. For additional information visit [Diabetes Care Program](#).

Retirement News

The ABC's of DROP

To DROP or Not to DROP... that is the question. Risk Management is hosting a DROP Meeting for employees who are deciding if going into DROP is the best retirement option available for them. The Retirement Team will provide a DROP Presentation that includes:

- What is DROP and should I enter?
- When can I enter DROP?

Britt Barr from BENCOR will also provide a presentation regarding what BENCOR has to offer DROP participants.

Thursday, March 12, 2020, 5:30 p.m. - 7:00 p.m. Pinellas Park High

Contact the Retirement Team at 588-6214 or e-mail risk-retirement@pcsb.org



Ready to Submit Retirement?

The Risk Management Retirement Team is offering one-to-one appointments with a Retirement Specialist for the purpose of submitting completed **Retirement forms and electing retirement insurance**. We accept Retirement forms two months prior to the retirement date.

Tuesday, March 3, 2020, 4:00 p.m. - 7:00 p.m. Countryside High

Thursday, March 26, 2020, 4:00 p.m. - 7:00 p.m. Administration Building

Upon registration you will be mailed an insurance packet. This packet must be brought to the meeting, along with a check made out to PCSB for TWO months of premium for health, life and/or vision insurance.

These events are not for the purpose of gathering information regarding retirement.

Notaries will be available if needed, an Appointment is required. Contact the Retirement Team at 588-6214 or e-mail risk-retirement@pcsb.org to reserve your space.

The Nuts and Bolts of Retirement

Thinking about Retiring? The Risk Management Retirement Team is providing a valuable retirement information event for the purpose of gathering general retirement information.

Thursday, April 2, 2020, 5:30 p.m. to 7:30 p.m. Pinellas Park High

Representatives from Risk Management, BENCOR, SHINE and Humana Medicare are providing presentations about the following topics: • DROP Termination • Service/Early Retirement • Medicare Counseling • Retiree Insurance • Sick and Vacation payout • Voluntary Retirement vendors

(Information about Entering DROP is not included in this information event)

Contact the Retirement Team at 588-6214 or e-mail risk-retirement@pcsb.org

Wellness News

Friday, February 7th is Wear Red Day

The first Friday in February is designated as National **Wear Red Day** to raise awareness of Heart Disease. Join us in wearing red next Friday as a symbol of support and awareness for women's heart health. To learn more about Go Red For Women, visit goredforwomen.org.

Blood Pressure Program through the Y

Together with the YMCA, PCS is offering a [blood pressure program](#) in spring 2020. Learn how to manage high blood pressure and earn one credit towards the 2020 Aetna Health Promise.

2020 Aetna Health Promise

Visit pcsb.org/wellness to view the 2020 Aetna Health Promise details.

Employee Discounts

[Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets At Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- [Ruth Eckerd Hall events](#)
- [Amalie Arena and Yuengling Center upcoming events](#)
- [TB Lightning games](#)
 - [February 25th](#)
 - [February 27th](#)
- [NEW - LA Fitness promotion](#)